



**DTI Packing Suggestions**  
One Week Missions Trip  
(Sunday evening to Saturday morning)



We are fortunate to be able to work with great hotels in Nashville. The facility you are staying at may have indoor and/or outdoor public or common areas, including a pool. Dress codes, while at the hotel are subject to your group leader's discretion. Please check with them in advance as to what clothing they consider to be appropriate.

Some Items to consider packing (not all apply to everyone):

- regular clothing
- work clothes (clothes that can get dirty, wet, paint on them, or ruined)
- work shoes (no open-toe or open-back shoes at mission site; see Water Day exception)
- extra shoes (that can get wet for Water Day)

Cottage Cove has a 'Water Day' once a week in the summer. With Missionaries being required to wear shoes at all times on the mission site, please bring an extra pair of shoes that can get wet. Open toed or back shoes are acceptable for this purpose.

- underwear for 7 days
- pjs
- hat
- umbrella or rain jacket
- shampoo & conditioner
- toothpaste & toothbrush
- deodorant
- brush or comb
- pillow
- chap stick
- razor & shaving cream
- insect repellent (with DEET recommended)
- flashlight
- aspirin or other headache medicine
- sunscreen (waterproof is better)
- Bible!
- notebook/journal
- pens
- digital camera (and lots of memory)
- modest swimsuit

*Don't forget spending money!  
Depending on what your group plans you may have opportunity to purchase Nashville souvenirs, plus Cottage Cove has souvenir items including clothing, children-made jewelry, and more.*

*Be sure to bring an ample supply of any prescription medications you may need for the week. Don't forget EpiPens or Asthma medicines, if applicable.*